Who is at risk for experiencing intimate partner violence? Everyone. However, there are certain groups who are at higher risk of violence than others, such as females between the ages of 18-35 and female veterans (Veterans Health Administration, 2013).

I am worried about a friend. What are some of the warning signs of intimate partner violence? Warning signs include: unexplained or repeated injuries, delay in seeking care, injuries during pregnancy, multiple ER visits, suicide attempts, substance use, fearful or evasive behavior, and lack of independence, among other signs.

I am a woman veteran. Where can I find more resources? Female veterans can visit www.womenshealth.va.gov or call 1.855.VA.WOMEN.

What can I do to help myself, a friend or family member who is experiencing Intimate Partner Violence? Call the National Domestic Violence Hotline: 1.800.799SAFE (7233).

References